

for West Contra Costa Residents

As of April 21, Doctors Medical Center in San Pablo will be closing and no longer accepting patients. The following information will help you find urgent medical care in West Contra Costa or free medical advice by phone to help you decide what kind of care you need.

ANYONE WHO DOESN'T HAVE PRIVATE INSURANCE
CAN CALL CONTRA COSTA HEALTH SERVICES' ADVICE
NURSE LINE FOR FREE HEALTH ADVICE ANY TIME.

WHEN TO CALL AN ADVICE NURSE

Advice nurses can help you figure out if you need to go to an Emergency Room, visit an urgent care clinic or make an appointment for the next day. Advice nurses also can provide information for self-care. You should consider calling an advice nurse for more minor issues like sore throat, earache, urinary tract infection, sinus infection symptoms, and other nonlife-threatening conditions.



HOURS A DAY
DAYS A WEEK
including Holidays

PATIENTS WITH PRIVATE INSURANCE SHOULD CALL
THEIR PLANS' ADVICE NURSE LINES

LIFELONG MEDICAL CARE

LifeLong offers urgent care, primary care and non-urgent care with scheduled visits.

Provider	Address	Phone	Hours
LifeLong Urgent Care	2023 Vale Road San Pablo, CA 94806	510-231-9800	M–Sun 12 p.m.–8 p.m. (Starting April 20) Walk-ins welcome
LifeLong Brookside Richmond	1030 Nevin Avenue Richmond, CA 94804	510-215-5001	M- F 8:30 a.m.–5 p.m. By appointment only
LifeLong Dr. Jenkins	120 Broadway, Ste. 4 Richmond, CA 94804	510-237-9537	M- Thurs 9 a.m.–3 p.m. By appointment only
LifeLong Richmond	2600 Macdonald Ave., Ste. B, Richmond, CA 94804	510-233-2514	M, W, Thurs 9 a.m.–3 p.m. By appointment only
LifeLong Brookside San Pablo	2023 Vale Road, Ste 201 San Pablo, CA 94806	510-215-9092	M–Thurs 8:30 a.m.–8 p.m. Fri 8:30 a.m.–5 p.m. Sat 9 a.m.–3 p.m. By appointment only

CONTRA COSTA HEALTH SERVICES (CCHS)

CCHS offers primary care and non-urgent care by appointment.

Provider	Address	Phone	Hours
West County Health Center	13601 San Pablo Ave., San Pablo, CA 94806	1-800-495-8885	M–Thurs; 8 a.m.–8:45 p.m. F–Sat.; 8 a.m.–5 p.m. By appointment only
North Richmond Center for Health	1501 Fred Jackson Way, Richmond, CA 94805	1-800-495-8885	M–F; 7:45 a.m.–12 p.m. 1 p.m.–4:45 p.m. By appointment only

OTHER PLACES TO GET CARE

Patients should contact locations directly regarding service fees.

Provider	Address	Phone	Hours
Brighter Beginnings Family Health	2727 Macdonald Ave. Richmond, CA 94804	510-213-6681	M, W, Thurs & F 9 a.m.–5 p.m.
RotaCare Free Medical Clinic at Brighter Beginnings	2727 Macdonald Ave. Richmond, CA 94804	510-213-6678	Tues 4 p.m.–7 p.m.
BAART Community HealthCare	1313 Cutting Blvd. Richmond, CA 94804	510-232-0874	M-F 6 a.m.–2 p.m.
Planned Parenthood Richmond	2970 Hilltop Mall Rd., Ste. 307 Richmond, CA 94806	510-222-5290	M, Tues & Thurs 8:30 a.m.–8 p.m. W, F 8:30 a.m.–5 p.m. 1 st & 3 rd Sat 8:30 a.m.–2 p.m.
Planned Parenthood Richmond	340 Marina Way Richmond, CA 94801	510-232-1250	M-F 8:30 a.m.–5 p.m.
Concentra Urgent Care	2970 Hilltop Mall Rd., Ste. 203 Richmond, CA 94806	510-222-8000	M–F 8 a.m.–5 p.m. Walk-ins welcome
Sutter Urgent Care	2500 Milvia Street Berkeley, CA 94704	510-204-5514	M–F 5 p.m.–9 p.m. Sat, Sun & Holidays 10 a.m.–2 p.m. Walk-ins welcome